



# What's Cooking?

## Episode: Water

### Strawberry Ice Cubes

*Makes about 12 cubes*

#### *Ingredients*

1 pound strawberries, stemmed and chopped  
 $\frac{3}{4}$  cup water  
2 tablespoons sugar  
1 teaspoon lemon juice

#### *Directions*

Purée all ingredients in a blender or food processor. Strain and pour liquid into ice cube trays. Keep in freezer until frozen solid. Drop into fresh lemonade, iced tea, seltzer, or your favorite drink.



Can I freeze water in a glass jar?



Not if you fill the jar all the way to the top and seal it tight—the glass will break! When water freezes, it expands: molecules in liquid water move apart as the temperature drops and form a crystal structure at the freezing point. To learn more about the transformations of water, watch the Water video at [TV411.org/science](http://TV411.org/science).